The CME-CPD Expectations of the Professionals in the Modern World

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CME and CPD

• **Continuing Medical Education** can be defined as educational activities which serve to maintain, develop or increase the knowledge, skills and professional performance and relationships that a physician uses to provide services for patients, the public or the profession.

• **Continuing Professional Development** is the educative means of updating, developing and enhancing how physicians apply the knowledge, skills and attitudes required in their working lives.
As such CME-CPD definition can be divided in

- Gaining knowledge

- Improving patient care
Effective CPD

- Clear need or reason appears
- Learning based on such a need
- Follow-up provision made for reinforcing the learning accomplished
Effective CPD

Reflection
thinking about your practice

Evaluation
identifying the benefits of your learning

Planning
deciding how and when to learn

Action
recording what you learnt
• CPD is “owned” by the individual

• *There is no single, singular or correct way of doing CPD* (Schostak 2009)
The question

In an ever changing world, what do doctors expect from CME-CPD?
CME-CPD needs

What motivates me to attend CME-CPD events?

What events of CME-CPD should I attend?

What are there barriers to my participation in CME-CPD?
CME-CPD needs

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What events of CME-CPD should I attend?

What are there barriers to my participation in CME-CPD?
Motivation for CME-CPD

Appraisal
Collecting CPD points
Interest
Reflection on practice
Career progression
Mandatory
Knowledge/Skills Gap
Motivation for CME-CPD

Doctors often recognise importance of CME-CPD activities to be a consequence of:

Interest in the subject matter

Opportunity to reflect on practice

Fill a knowledge or skills gap
Only then...
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What events to attend

- Lectures
- Informal consultation
- E-learning modules
- Day to day experience
- Knowledge assessments
- Conference attendance
- Local hospital events
- Journals

- Non-clinical training
- Online Conference
- Skills training
- Teaching
- Podcasting
- CD ROM/DVD learning
- Drug company material
Reality...
What events to attend

• Local, live events are most appreciated

• Workshops in small groups are in demand.

• Online education is appreciated by less than 20%.

• Social skills training is in demand as much as specialist matters.
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What are there barriers to my participation in CME-CPD?
Barriers

Availability of study leave
Costs
External demands
Inadequate preparation
Motivation
Work life balance
Barriers
thank you